

PROMOTION RECOMMENDATION
THE UNIVERSITY OF MICHIGAN
MEDICAL SCHOOL
DEPARTMENT OF FAMILY MEDICINE
DEPARTMENT OF PSYCHIATRY

Golfo K. Tzilos Wernette, Ph.D., assistant professor of family medicine, Department of Family Medicine, and assistant professor of psychiatry, Department of Psychiatry, Medical School, is recommended for promotion to associate professor of family medicine, with tenure, Department of Family Medicine, and associate professor of psychiatry, without tenure, Department of Psychiatry, Medical School.

Academic Degrees:

Ph.D.	2010	Wayne State University
M.A.	2001	Boston University
B.S.	2000	University of Michigan

Professional Record:

2016 – Present	Assistant Professor of Psychiatry, University of Michigan
2015 – Present	Assistant Professor of Family Medicine, University of Michigan
2013 – 2015	Assistant Professor of Psychiatry and Human Behavior and Behavioral and Social Sciences, Brown University

Summary of Evaluation:

Teaching: Dr. Tzilos Wernette is an excellent educator. At the University of Michigan, she has instructed medical students, and residents and continuing medical education courses. Her teaching centers around opioid use disorder, which is currently a topic of great interest with significant public health implications. She has delivered instruction in a variety of venues, including a massive open online course, and training faculty members in the Addiction Center as part of a T32 grant. Her teaching evaluation ratings are stellar, most of them approaching a 5.0 on a 5 point Likert scale with numerous positive comments. Additionally, Dr. Tzilos Wernette has mentored students at the undergraduate, graduate, fellow and resident level.

Research: Dr. Tzilos Wernette's research focuses on alcohol and substance use disorder, as well as intimate partner violence; specifically technology-delivered psychological interventions to reduce alcohol and drug use and sexual risk behavior among low-income perinatal women and emerging adults. She provides clinical psychotherapy services to adults at the Ypsilanti Health Center. She is the principal investigator of two NIH R01 grants, and a co-investigator of an NIH T32 grant, and has published 38 peer-reviewed articles. Dr. Tzilos Wernette has been invited to present her research on 11 occasions nationally and internationally. In 2017, she received the G. Alan Marlatt Award for Distinguished Early Career Contributions to the Society of Addiction Psychology for the American Psychological Association, a testament to her research excellence.

Recent and Significant Publications:

Tzilos Wernette G, Countryman K, Khatibi K, Riley E, Stephenson R: Love My Body: Pilot Study to Understand Reproductive Health Vulnerabilities in Adult Girls. *JMIR*, 22(3):e16336, 2020.

Oram D, Tzilos Wernette G, Nichols L, Vydiswaran V, Zhao X, Chang T: Substance Use Among Young Mothers: An Analysis of Facebook Posts. *JMIR Pediatr Parent*, 1(2), 2018.

Tzilos Wernette G, Plegue M, Kahler C, Sen A, Zlotnick C: A Pilot Randomized Controlled Trial of a Computer-Delivered Brief Intervention for Substance Use and Risky Sex During Pregnancy. *J Women's Health*, 27(1): 83-92, 2018.

Zlotnick C, Tzilos G, Miller I, Seifer R, Stout R: Randomized controlled trial to prevent postpartum depression in mothers on public assistance. *J Affective Disord*, 189: 263-268, 2016.

Caviness C, Tzilos G, Anderson B, Stein M: Synthetic Cannabinoids: Use and Predictors in a Community Sample of Young Adults. *Substance Abuse*, 36(3):368-373, 2015.

Service: Dr. Tzilos Wernette has been involved on multiple committees and with many organizations which focus on alcohol and addiction areas. During her time at the University of Michigan, she has continued her exemplary service in several key arenas. She has served on national and international committees for both the Centers for Disease Control and Substance Abuse and Mental Health Services Administration, is currently the chair of a major committee for the Society for Prevention Research, and has served on two international study section equivalents. Dr. Tzilos Wernette is a member of the editorial boards for the *Archives of Women's Mental Health*, the *Journal of Addictive Diseases*, *Substance Abuse: Research and Treatment*, and *Substance Use and Misuse*. Institutionally, she has been on Michigan Medicine's Admissions Committee and on the Department of Family Medicine's Diversity, Equity and Inclusion Committee.

External Reviewers:

Reviewer A: "With regards to the discipline of alcohol and substance abuse research and psychology, Dr. Tzilos Wernette's [sic] has made significant contributions as a journal peer-reviewer, editorial board member, and international advisory board member. It should also be noted that in 2017, she received the G. Alan Marlatt Award for Distinguished Early Career Contributions, Society of Addiction Psychology, American Psychological Association."

Reviewer B: "Based on her CV, she has built her research program by successfully serving as co-investigator on previous grant-funded work in her area of expertise, and has made use of local grants through the University of Michigan. Her successful R01 grants awarded are a marker of success in her research. Another sign of Dr. Tzilos Wernette's expertise is her national recognition in receiving travel awards in 2016 and 2017 to Addiction Health Services conferences, and her 2017 APA award, the G. Alan Marlatt Award for Distinguished Early Career Contributions, Society of Addition [sic] Psychology...Her record of grant funding, topical focus, and publishing record is comparable or exceeds those of peers being considered for promotion at other institutions. She would be promoted to Associate Professor enthusiastically at [my institution]."

Reviewer C: "Dr. Tzilos Wernette's productivity as a researcher is consistent with what I would expect to see for promotion to Associate Professor and award of tenure for a clinician-scholar at a high-ranking medical school such as the University of Michigan...Of her selected publications, two stand out. The first is *J Women's Health*, 2018;27: 83-92. This pilot RCT demonstrates her ability to formulate a

clear and important research question, conduct a quantitative study, and develop that into a (very) successful R01 grant application. The second is the study in press at JMIR. This work demonstrates her ability to conduct combined qualitative and quantitative research. That is essential, as most of the important questions in her chosen area of research are mixed-methods questions.”

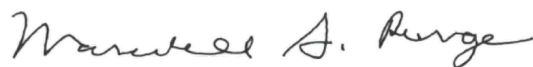
Reviewer D: “Dr. Wernette has achieved a national reputation and visibility, as manifested by several measures. She has secured strong funding for her work...Her research has led to 39 peer-reviewed publications...Her citation index is strong and consistent with promotion at this level...Most importantly, her publications have appeared in appropriate journals with reasonable impact and exposure.”

Reviewer E: “Dr. Tzilos Wernette has a substantial list of accomplishments within her field as part of a research team and is beginning to establish a track record as an independent scholar to suggest the achievement of a national standing in the field. These accomplishments include her publication record, her participation in extramurally funded research, and related activities (e.g. grant reviewing, editorial boards). Her award in 2017 from the American Psychological Association for early career contributions further attests to her national reputation. Of the publications included in the packet, I noted, in particular, the high quality of the paper regarding a pilot randomized controlled trial of a computer-based brief intervention for counseling about substance use and risky sex during pregnancy, of which she is the first author.”

Reviewer F: “Although she is relatively early in her career, she has had quite a bit of success that includes PI on an R34 and an R-01 as well as site PI on a second R0-1. This work has made an impact in the field in that they show the potential benefit of low-cost interventions on health of largely disenfranchised populations such as women with substance use disorders, trauma and high HIV risk.”

Summary of Recommendation:

Dr. Tzilos Wernette is an outstanding academic clinician whose rigorous research training and methodologic expertise have led to a national reputation and significant success as an independent investigator in the fields of substance and alcohol use disorder, and intimate interpersonal violence. I am pleased to recommend the promotion of Golfo Tzilos Wernette, Ph.D. to associate professor of family medicine, with tenure, Department of Family Medicine, and associate professor of psychiatry, Department of Psychiatry, Medical School.



Marschall S. Runge, M.D., Ph.D.
Executive Vice President for Medical Affairs
Dean, Medical School

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